

Psalm 90

A Prayer of Moses, the man of God

1. Lord, you have been our dwelling place through **generation to generation**.
2. Before the mountains were born, or you had formed the earth from **everlasting to everlasting** you are God.
3. You turn man back to dust and say "Return, O children of man."
4. For a **thousand years** in your eyes is like **yesterday** that went by or like a **watch period** in the night.
5. You sweep them away to death's **sleep**. They are like the new grass grown up in the **morning**.
6. In the **morning** it is fresh and grows up, by the **evening** it is withered and dry.

Introduction/summary:

God is faithful—we can trust all our days and years to him

The Problem:

Can an infinite God really care about mankind?

-
7. **Yes, we are consumed by your anger, and by your wrath we are terrified.**
 8. **You have set our iniquities before you, our secret sins in the light of your presence.**
 9. All our **days** pass away under your wrath, we finish our **years** with a moan.
 10. The length of our **days** is seventy **years**, or if we have strength, eighty; yet their best is but trouble and oppression; for they quickly pass and we fly away.
 11. **Who knows the strength of your anger and your fury is what causes fear.**
 12. Teach us to count our **days** aright, that we may gain a heart of wisdom.
 13. **Relent O Lord, How long? and have compassion on your servants!**
 14. Satisfy us in the morning with your unfailing love, that we may sing for joy and be glad all of our **days**.
 15. Make us glad for as many **days** as you have afflicted us, for as many **years** as we have seen trouble.
 16. **May your deeds be shown to your servants, and your splendour to their children.**
 17. **May the delight of the Lord our God rest upon us, and establish the work of our hands for us, yes, establish the work of our hands.**

A. The effect of God's anger: we are consumed

B. Our deeds are shown to God law and justice

C. Days and years of trouble & oppression

D. God's anger

E. True wisdom: counting correctly and days measured out for him
D'. God's compassion this is the turning point (all grace)
C'. Days and years of singing and gladness

B'. God's deeds are shown to us grace

A'. The effect of God's delight: we are blessed and established