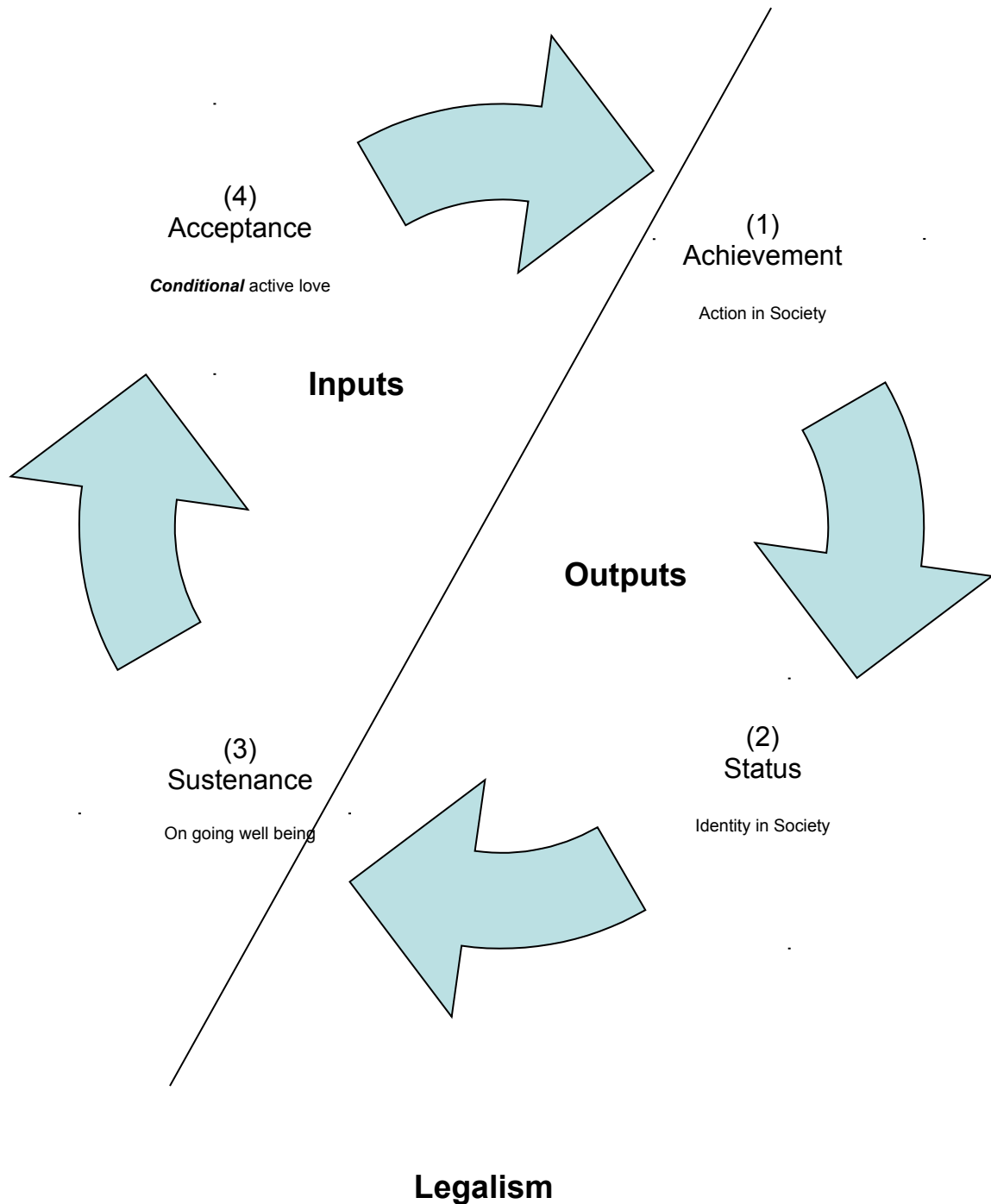


Unhealthy Dynamics



(Adapted from 'An Ontological Model of the Dynamic Cycle' by Frank Lake)

Unhealthy Dynamics

Outputs

Moves out to achieve in order to gain an identity in society which leads on to ...

Inputs

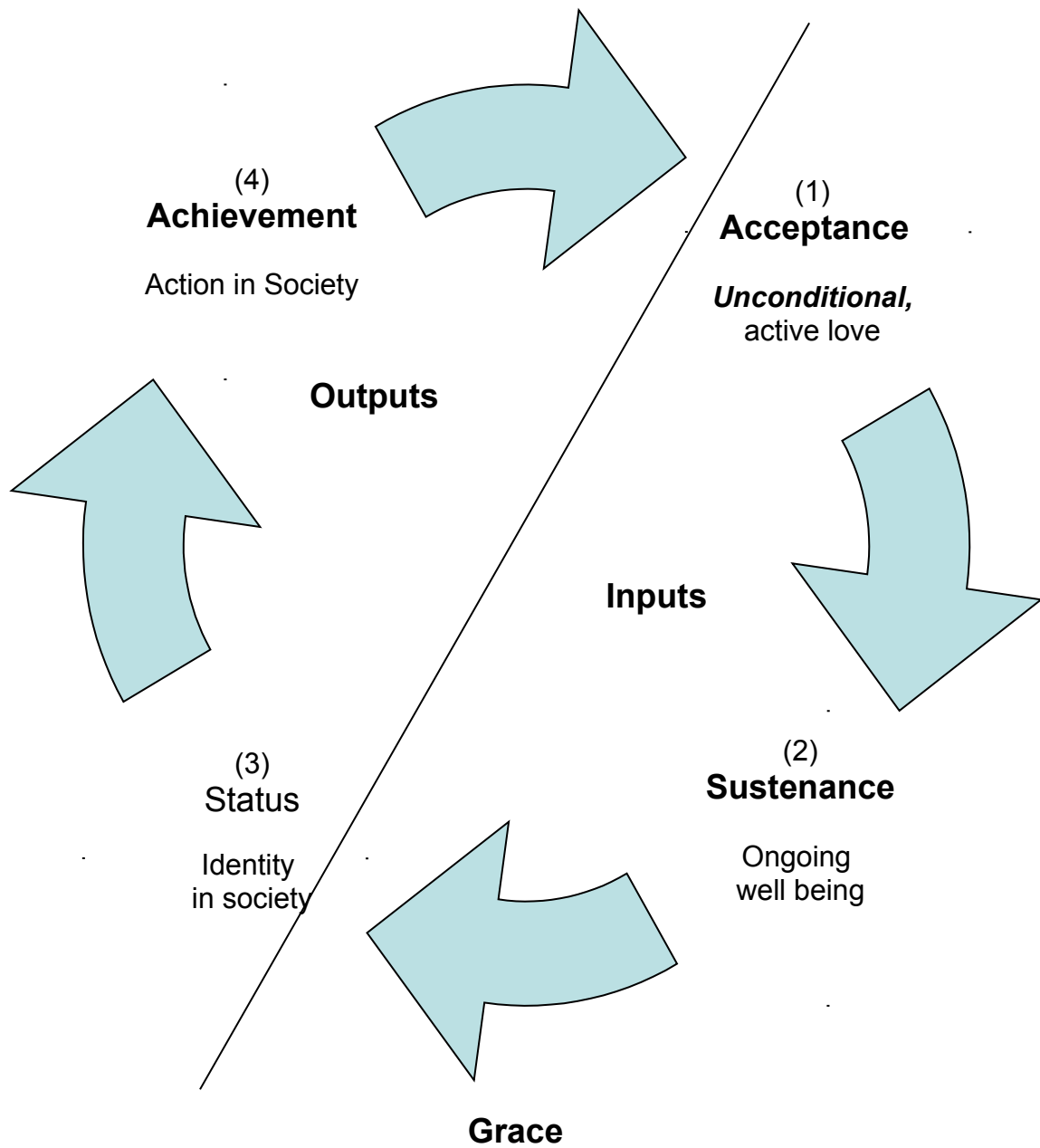
Finding care and wellbeing as a response to what has been achieved. This leads to **conditional** love and acceptance.

Legalism v Grace

Part of getting to the core involves listening to and uncovering where a person is on the 'cycle'. Is he/she being motivated by a need to achieve and/or find status? Or, is the love of God at the very core?

(Adapted from 'An Ontological Model of the Dynamic Cycle' by Frank Lake)

Healthy Dynamics



(Adapted from 'An Ontological Model of the Dynamic Cycle' by Frank Lake)

Healthy Dynamics

Dynamic – the motivating force

Inputs

Acceptance Gives us being, the active love, understanding, concern, recognition of God, of family, of friends. Is **unconditional** in its basis, the beginning point of the cycle. Gives us a sense of worth and being.

Sustenance The input into our lives which 'feeds' us, edifies us, encouragement, sharing, teaching, praise, persons giving something of themselves to us. Equips us with a sense of ongoing well being.

Outputs

Status Our identity in society, arising from acceptance and a sense of being sustained we gain a sense of independent identity, an awareness of who we are and able to take our place in society.

Achievement Action in society, a healthy adjustment to all areas of life. Able to approach life with all its relationships, work and recreation with consistency, not daunted by temporary failure.

Input By **unconditional** love and acceptance, by ongoing sustenance ...

We move towards

Output Having a sense of identity and motivated to give out to others.

EXPERIENCE

Events that affect one

Happenings of life

BELIEFS

Thinking process

Statements in thought

Mind-set

EMOTIONS

Agitation or disturbance of mind

Excited mental state

Physical reactions to what the mind believes

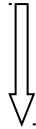
BEHAVIOUR

Way of acting in a particular form



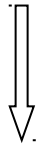
EXPERIENCE

Of life, the world, the flesh,
The devil, of God, cause a reaction in us
whereby we create 'tapes' or:-



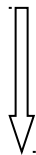
BELIEFS

Which are the statements which our minds
tell us constantly, daily, hourly. These
beliefs (tapes) create in us:-



EMOTIONS

Or, bodily reactions to the things which
our minds have been telling us.
This in turn affects our:-



BEHAVIOUR

And so we have the acting out
of our 'tapes' (beliefs).



Further endorsing our experience