

Ephesians 4:17–5:2

17. This therefore I say
And I insist in the Lord
that you must no longer walk as the Gentiles walk
in the meaninglessness of their thinking
18. **darkened** in their understanding
alienated from the life that comes from God
because of the ignorance that is in them,
because of the hardness of their hearts;
19. **becoming callous**, they gave themselves over to self-indulgence
doing every kind of impurity, and greedy for more
20. But you did not learn Christ this way
21. given that him you have heard and in him you were taught:
(since the truth is in Jesus),

22. **to take off the old self**, belonging to your former behavior
corrupted by deceptive desires
23. **to be renewed by the Spirit** in your mind,
24. **to put on the new self** created after the likeness of God
in righteousness and truthful pure behavior

25. Therefore having put off falsehood
let each one of you speak the truth with his neighbour,
for we are members one of another.
26. Be angry and do not sin;
do not let the sun go down on your anger
27. Do not give an opportunity to the devil.
28. Let the stealer steal no longer;
rather let him labour, doing honest work with his own hands
that he may have something to share with anyone in need
29. Let no corrupting talk leave your mouths,
but only what is good for building up the person who needs it,
that it may give grace to those who hear.
30. And do not grieve the Holy Spirit of God,
in whom you were sealed
for the day of redemption.
31. Let all bitterness and rage and anger and shouting and slander be put away from you, along with all malice.
32. Become kind to one another, tenderhearted, showing grace to one another,
just as God in Christ showed grace to you

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1. Therefore be imitators of God, as beloved children.
2. And walk in love, just as Christ loved us
and gave himself up for us, an offering and sacrifice to God for a fragrant aroma.